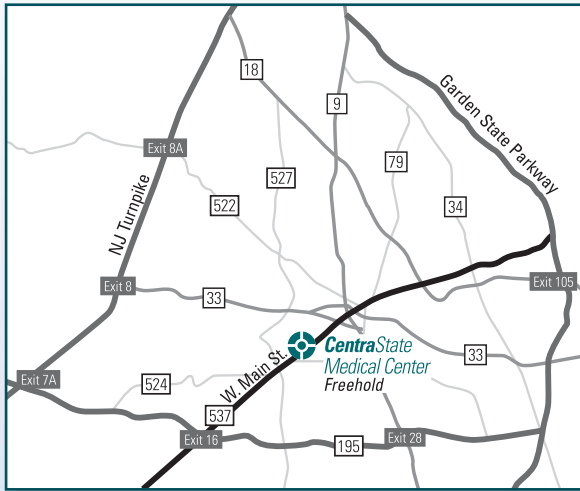




CentraState Medical Center

The full circle of health and wellness dedicated to excellence.



THE HEREDITARY ONCOLOGY PREVENTION AND EVALUATION PROGRAM

Our mission

is to enhance the health and well being
of our communities through the compassionate
delivery of quality healthcare.



The Cancer
Institute of
New Jersey™
Affiliate



**CentraState
Medical Center**

*A member of the Robert Wood Johnson
Health Network*

*UMDNJ-Robert Wood Johnson
Medical School*

www.centrastate.com

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Freehold, NJ 07728
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This information is not a substitute for professional medical advice. It may not represent your true individual medical situation. Do not use this information to diagnose or treat a health problem without consulting a qualified healthcare provider. Consult with your healthcare provider if you have any questions or concerns.



GENETIC COUNSELING AND RISK ASSESSMENT

If you are concerned about your risk of developing cancer based on your family history of cancer or your own medical history, The HOPE (hereditary oncology prevention and evaluation) Program at CentraState can help you to determine the extent of your risk and how to best manage that risk.

The HOPE Program was originated by The Cancer Institute of New Jersey, the state's first and only National Cancer Institute-designated Comprehensive Cancer Center. CINJ is dedicated to improving the prevention, detection, treatment and care of patients with cancer. As a clinical research affiliate of CINJ, CentraState is able to bring the HOPE Program to our community.

WHO SHOULD USE THE HOPE PROGRAM?

The HOPE Program is especially helpful for those with:

- Family members diagnosed with cancer at a younger age than the average age in the general population — typically younger than age 50;
- Family members with the same type of cancer or related cancers, such as breast and ovarian cancers, or colon and endometrial cancers;
- At least two generations affected with cancer and/or pre-cancerous lesions;
- Family members with less common types of cancer, such as pancreatic or ovarian cancers;
- One family member who has had several different types of cancer.

If any of these examples is true for you and your immediate family, you should discuss genetic counseling with your health care provider.

WHAT HAPPENS AT MY FIRST CONSULTATION?

During your initial appointment with the HOPE Program, you will meet with a HOPE genetic counselor. You can expect to:

- Provide information about your personal and family medical history;
- Discuss how your personal and family medical histories impact your risk for cancer;
- Learn about cancer genetics and various medical management options;
- Review the benefits and limitations of genetic testing, if appropriate;
- Learn about the specific federal and state laws that protect individuals from genetic discrimination.

WHAT'S NEXT?

Follow-up visits may be necessary based on the recommendations resulting from your initial appointment. Any specific questions or concerns can be addressed during your initial appointment.

To make an appointment with the HOPE Program at CentraState, call (866) 622-RISK.